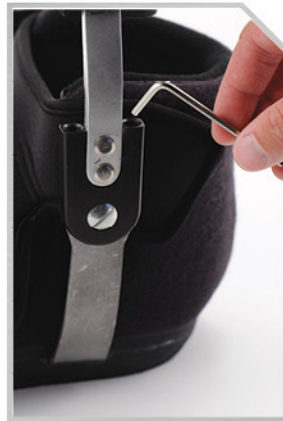


## Ankle Joint Adjustment



**1** The Zero G is an AFO that comes standard with double action (double-adjustable) ankle joints. The joint can be locked at any desired dorsi-flexion or plantar-flexion position with use of pins in the channels.



**2** To adjust the ankle joint simply loosen the set screws, set to the desired position, and tighten.

PLEASE NOTE: Springs and Ball Bearings can be provided in place of pins if dorsi-assist, plantar-resist, or both is desired.

Zero G is  
manufactured and distributed by  
 **CERTIFIED**  
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Gravity-Defying  
Innovation

## Donning Instructions

It is important to follow the donning procedure for the Zero G to optimize the suspension feature of this AFO. If the patient is trained to follow these instructions, they can achieve a repeatable donning application, ease of use, and maximize the benefit of using this unique orthosis.



[WWW.ZEROGBRACE.COM](http://WWW.ZEROGBRACE.COM)

# Measuring & Fitting Instructions



**1** Obtain foot measurement to determine appropriate walker base size.



**2** Measure calf circumference to determine appropriate calf lacer size.



**3** Measure height from floor to neck of fibular head.



**4** Apply the seam-free interface sock.



**5** Position lacer inside the uprights. Measuring from top of donning pad, set top of lacer to height of fibula measurement (see Step 3). Once height is set, lock lacer height to Velcro on upright.



**6** Place patient's foot through lacer, rest foot on donning pad.



**7** Tighten the lacer by pulling straps tight, wrap across front of lacer through rectangle ring, and then wrap around back of lacer to front pulling snugly locking down on Velcro upright. Begin with distal strap and move up.



**8** Adjust proximal strap and tighten.



**9** Secure shoe cover.



**10** With lacer tightened to limb, remove donning pad using finger loop.



**11** Patient can now stand up and ambulate. Make sure that the patient is stable while standing and not at risk of losing balance.\*

## HELPFUL INFORMATION

- Patient does not need to remove the lacer from the uprights when taking it off as the height is set.
- The donning pad needs to be replaced every time the brace is taken off and reapplied.

\*After the Zero G is fit, check the pelvis height of the contralateral limb to make any necessary adjustments to prevent leg length discrepancy. It is recommended that significant leg length discrepancies are accommodated.